



## Nobel Peas Prize

Pricilla Pea just received the letter in the mail. She had heard people in Pyramid Prairie talking about it the last few weeks but now that she had the letter in her hand, she knew it must be for real. Pricilla quickly ran the letter into the living room where her parents were playing a pressing game of Parcheesi. Pricilla shouted, "I got the letter! I got the letter! It's here. It's really here!" She neatly opened the letter and handed it to her mother to read. Pricilla's mother began, "Dear Pricilla Pea, We are excited to inform you that you have been awarded the Nobel Peas Prize for your excellent work as the youngest Healthy Hero in Pyramid Prairie. We cordially invite you to an awards ceremony this Saturday to receive your very important prize.

Pricilla jumped around, yelling and screaming. She was so excited that she had won a prize. She knew this must be pretty important especially if there was going to be a ceremony. Pricilla paused. What is a ceremony she thought? Pricilla asked her mom and dad. Papa Pea spoke, "A ceremony is like a fancy party that celebrates something special and in this case, it is celebrating you! Wow Pricilla thought, a whole party just for me. Pricilla's dad continued, "You'll have to think of something to say when they give you the Nobel Peas Prize too. We'll work on it tomorrow."

That night Pricilla Pea went to bed with a big smile on her face. The ceremony was this Saturday and she couldn't wait. That night Pricilla did a lot of dreaming. She dreamt of a huge crowd of people chanting her name. She dreamt of her special Nobel prize. She dreamt of beautiful dresses and wonderful finger foods. But Pricilla also dreamt about what she was going to say. She wasn't sure what to say. When Pricilla woke up she didn't feel so good. Her stomach felt queasy and she wasn't quite sure she wanted to go to the ceremony at all. Pricilla couldn't eat her breakfast.

Pricilla's mother knew something was wrong. She soon asked, "Pricilla, what's the matter? You don't seem very happy this morning and you haven't touched your breakfast." Pricilla responded, "I am not sure I want to go to the ceremony after all. I am very happy that I won the Nobel Peas Prize but I don't think I really want it anymore." Pricilla's mother was surprised but she knew what was wrong." She spoke, "You are nervous about what to say aren't you. Well, there is nothing to be nervous about. All you have to do is tell your healthy hero message just like you do on your healthy missions. That is why you got this award in the first place. So let's hear your healthy pea message." Pricilla Pea cleared her throat and began, "Peas are perfect. For such a tiny vegetable they are bursting with nutrients. They are full of vitamins, minerals, fiber and protein. Peas' can supercharge your health." Pricilla's mother smiled and spoke with tears in her eyes, "I think I am the proudest pea parent on the planet." The two of them laughed and could finally enjoy their breakfast.

